



BENVENUTI - WELCOME

Welcome to Sale e Pane! We wish you a pleasant stay at our restaurant.

Sale e Pane offers traditional Italian cuisine, light seasonal dishes and a big olive tree lined terrace with Tuscany feeling. During the cold season our Pergola, a winter garden, is weatherproofed and heated.

High-quality ingredients, carefully selected wines and accommodating service guarantee relaxed Italian-style evenings.
We're looking forward to your visit – Avanti, come in!

We're available for business and family events.



APERITIVI - APERITIFS

Sherry fino or medium dry	5 cl	5,90
Martini bianco, rosso or dry	5 cl	5,90
Campari-Soda²	20 cl	8,50
<i>4 cl Campari with sparkling water</i>		
Campari-Orange²	20 cl	8,50
<i>4 cl Campari with orange juice</i>		
Prosecco	10 cl	5,90
<i>Italian sparkling wine, dry</i>		
Prosecco-Aperol²	10 cl	6,90
Hugo	10 cl	8,50
<i>Prosecco with elderberry syrup and fresh mint</i>		
Aperol-Spritz²	20 cl	8,50
<i>Aperol with prosecco and sparkling water</i>		
Sanbitter²	20 cl	6,50
<i>Alcohol-free aperitif</i>		
Crodino²	20 cl	6,50
<i>Alcohol-free aperitif</i>		



PRIMI - STARTERS

Vitello tonnato	12,90
<i>Slices of veal with capers and tuna cream^H</i>	
Calamaretti	15,50
<i>Small squids^H with cherry tomatoes, chili, herbs and garlic on rocket salad</i>	
Bufala alla Caprese	11,90
<i>Buffalo mozzarella^C with tomatoes and basil</i>	
Antipasto misto	13,90
<i>Mixed starters^{C,H}</i>	
Carpaccio di manzo	12,90
<i>Thinly sliced raw beef fillet marinated with rocket salad an Parmigiano^C shavings^C</i>	

ZUPPE - SOUPS

Crema di pomodori	5,90
<i>Tomato cream soup with basil</i>	
Minestrone	6,90
<i>Soup with fresh vegetables</i>	



INSALATE - SALADS

Insalata mista	7,90
<i>Mixed lettuce</i>	
Insalata con tonno	11,90
<i>Mixed lettuce with tuna^H, capers and red onions</i>	
Insalata di verdure	13,90
<i>Mixed lettuce with dried tomatoes, artichokes, olives and ewe's milk cheese^C</i>	
Insalata con pollo	15,90
<i>Mixed lettuce with chicken breast, mushrooms, roasted rosemary and onions</i>	
Insalata con salmone	16,90
<i>Mixed lettuce with fried salmon^H, cherry tomatoes, garlic and chili</i>	



PASTA - NOODLE DISHES

Spaghetti aglio, olio, peperoncino	11,90
<i>Spaghetti^A with garlic, olive oil and chili (spicy)</i>	
Gnocchi alla Caprese	14,50
<i>Gnocchi^A with tomato sauce, buffalo mozzarella^C and basil</i>	
Penne con manzo	17,90
<i>Penne^A with beef, mushrooms, red onions, rocket salad and Parmigiano^C in cream sauce^C</i>	
Penne al forno	15,50
<i>Penne^A with vegetables in tomato-cream sauce^C baked in the oven</i>	
Tagliatelle con pollo	16,90
<i>Tagliatelle^A with chicken breast in butter-lemon sauce^C and pine nuts</i>	
Tagliatelle con salmone	17,50
<i>Tagliatelle^A with fresh salmon^H, fennel and cherry tomatoes in lobster sauce^{C,G}</i>	
Spaghetti con gamberetti e gamberi	19,50
<i>Spaghetti^A with shrimps^G and prawns^G, cherry tomatoes, garlic and white wine-herb sauce</i>	
Linguine con calamaretti	18,90
<i>Linguine^A with cuttlefish^G, mint, lime, garlic and peperoncino in a light tomato sauce</i>	



PIZZE - STONEBAKED PIZZA

Margherita^A	9,90
<i>with tomato sauce, mozzarella^C and basil</i>	
Salami^A	12,90
<i>with salami⁵⁺⁶, tomato sauce and mozzarella^C</i>	
Vegetariana^A	12,90
<i>with tomato sauce, mozzarella^C and fresh vegetables</i>	
Tonno^A	13,90
<i>with tomato sauce, mozzarella^C, tuna^H and red onions</i>	
Diavola^A	14,90
<i>with tomato sauce, mozzarella^C, spicy salami⁵⁺⁶, mushrooms and rocket salad</i>	
Bufala^A	14,90
<i>with tomato sauce, buffalo mozzarella^C, cherry tomatoes, rocket salad and Parmigiano^C</i>	
Parma^A	15,90
<i>with tomato sauce, mozzarella^C, Parma ham⁵, rocket salad and Parmigiano^C</i>	
Gamberetti^A	16,90
<i>with tomato sauce, mozzarella^C, shrimps^G, garlic and parsley</i>	



CARNE – MEAT DISHES

Tagliata di manzo	26,90
<i>Argentinian rumpsteak cut in slices with garlic, cherry tomatoes, Parmigiano^c shavings and chili</i>	
Saltimbocca alla Romana	23,90
<i>Pork fillet with parma ham⁵ and sage in white wine sauce</i>	
Bistecca al pepe verde	28,90
<i>Argentinian rumpsteak with green pepper in Cognac-cream sauce^c</i>	

PESCE – FISH DISHES

Salmone alla griglia	22,90
<i>Grilled fillet of salmon^H with lemon and olive oil</i>	
Salmone al senape	25,50
<i>Fillet of salmon^H in prosecco-mustard sauce^c</i>	
Gamberoni alla griglia	29,90
<i>Four grilled giant prawns^G with rocket salad, lemon, fresh herbs and olive oil</i>	

All meat and fish dishes are being served with a daily side dish



DOLCI - DESSERTS

Tiramisù ^{1,A,B,C}	7,50
Panna cotta ^C <i>Cream dessert with fruit sauce</i>	7,50
Semifreddo ^{B,C} del giorno <i>Half-frozen ice-cream</i>	7,50

BEVANDE CALDE - HOT BEVERAGES

Espresso ¹	2,90
Doppio Espresso ¹	4,90
Espresso decaffeinato (decaffeinated)	3,20
Espresso Macchiato ¹	3,20
Caffé ¹	3,40
Cappuccino ¹	4,20
Latte Macchiato ¹	4,90
Cioccolata calda	4,90
Tee (Black ¹ or herbal)	3,20



BEVANDE ANALCOLICHE – BEVERAGES

Coca-Cola ¹⁺²⁺⁴ , Coca-Cola Light ¹⁺²⁺⁴⁺⁷ , Fanta ²⁺⁴ , Sprite ⁴ , Spezi ¹⁺²⁺⁴	20 cl	2,80	40 cl	4,60
Bauer apple juice, Bauer orange juice	20 cl	3,10	40 cl	5,50
Bauer cherry-banana nectar	20 cl	3,40	40 cl	5,80
Bauer apple spritzer	20 cl	3,00	40 cl	4,30
Bauer fruit spritzer	20 cl	3,20	40 cl	4,80
S. Pellegrino (carbonated)			bottle 25 cl	2,70
			bottle 75 cl	6,50
Acqua Panna (non-carbonated)			bottle 25 cl	2,70
.			bottle 75 cl	6,50
Schweppes Bitter Lemon ³ , Tonic Water ³ , Ginger Ale ²			bottle 20 cl	3,70
Malt lemonade ²			bottle 33 cl	3,90

BIRRA – BEER

Königs Pilsener draft beer	20 cl	3,10	40 cl	4,90
Spritzer • mix: beer with Fanta ²⁺⁴ , Coca-Cola ¹⁺²⁺⁴ or Sprite ⁴	20 cl	3,10	40 cl	4,90
Birra Moretti			bottle 33 cl	4,90
Benediktiner • Weißbier Hefe, Hefe alcohol-free			bottle 50 cl	5,50



VINI AL BICCHIERE - ITALIAN WINES BY THE GLASS

Chardonnay (white, dry)	20 cl	6,90	50 cl	13,90
Nero d'Avola (red, dry)	20 cl	6,90	50 cl	13,90
Rosato (rosé, dry)	20 cl	7,00	50 cl	14,50
Wein spritzer			20 cl	5,90
Mix drink				

PLEASE ASK FOR OUR WINE LIST

LIQUORI - SPIRITS

Amaretto Disaronno ²	2 cl	3,90
Sambuca Molinari	2 cl	3,90
Frangelico ² , hazelnut liqueur	2 cl	3,90
Limoncello ² , lemon liqueur	2 cl	3,90
Baileys Irish Cream ¹⁺²	2 cl	3,90
Ramazzotti	2 cl	3,90
Amaro Averna	2 cl	3,90
Cynar ¹	2 cl	3,90
Grappa house brand	2 cl	3,90
Vecchia Romagna ²	2 cl	4,50
Glenfiddich ² Single Malt Scotch Whisky	2 cl	6,50
Glen Grant ² Single Malt Scotch Whisky	2 cl	6,50
Longdrinks · various	4 cl	10,90



CONTENTS

- 1 Coffein
- 2 Colouring
- 3 Chinin
- 4 Antioxidants
- 5 Nitrate
- 6 Phosphate
- 7 contains a Phenylalanin source

ALLERGENES

- A Wheat containing gluten
- B Eggs
- C Milk containing lactose
- D Nuts
- E Celery
- F Sulfur dioxide
- G Shellfishes
- H Fish